

# DAY-OF-MOVE BOX CHECKLIST



- Leaving-the-house necessities: keys, cell phone, wallet
- Last-minute packing supplies: packing tape, box-cutter, tape measure, screwdrivers, colored Sharpies and/or colored adhesive labels
- Things that can't go on a moving truck: prescription medications, jewelry and other valuables, chemical cleaning solutions, house plants
- Ziploc-style plastic bags (for loose screws, cords, etc.)
- Extra power strips and/or extension cords
- Snacks with protein
- Bottled water or Gatorade
- Clothes, toiletries, and health and beauty products for the next few days
- Food and medicine for your pets for the next few days
- Contact information for your moving company, primary care doctor, and closest urgent care center in case of an emergency
- Sanitizing wipes
- Paper towels and rags

**BROUGHT TO YOU BY**



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AND A  
TRUCK®**

“Movers Who Care.™”

